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Whose risk?

Or, let's be honest, who's risk(y)?

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For mental health and social change
Dros iechyd meddwl a newid cymdeithasol

Purpose of workshop

What it is:
- To challenge, prod and pull at our ideas of risk
- To give a space to share ideas for how it can be better
- To air barriers and challenges in our approach to risk

What it isn't:
- An expert overview of operational risk factors
- A blueprint for *how* to change risk
- A "do as I say" approach.

Starting exercise

Please tick if action needs to be taken to mitigate risks related to items below	Please describe the nature of risks that might result from this factor.	Describe actions that need to be taken by the organisation to minimise risk
Sexual assault victim ☐	....	....
Disordered eating ☐	....	....
Physically disabled ☐	....	....
Adverse childhood experiences (4+) ☐	....	....
Generalised anxiety disorder ☐	....	....
Suspected ADHD ☐	....	....
History of suicidal ideation ☐	....	....

What risks can you identify? What actions can you take to minimise them?

Five minutes in your groups.

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Introduction

Oliver Townsend, Head of PTS and New System Alliance, Platfform

Please tick if action needs to be taken to mitigate risks related to items below	Please describe the nature of risks that might result from this factor.	Describe actions that need to be taken by the organisation to minimise risk
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Physically disabled ☐	....	....
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Generalised anxiety disorder ☐	....	....
Suspected ADHD ☐	....	....
History of suicidal ideation ☐	....	....

OT

Empathic and compassionate	☐
Non-judgemental	☐
Challenges barriers	☐
Understanding of experiences	☐
Listening, calm approach	☐
Highly focused (at times)	☐
Aware of mental health impact	☐

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A Big Question

Does the standard approach to risk assessment keep people safe?

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So why not?

Discussion.

Ten minutes in your group.

Risk and identity

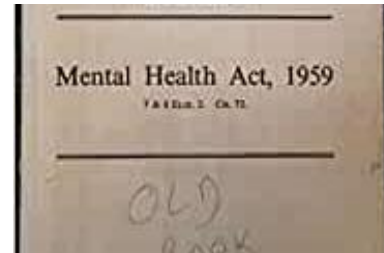# e.g: Learning disability progress

Idiots Act 1886

- Grouped "defectives" together

Mental Deficiency Act 1913

- Separated into three categories, but also created 'colonies'.

Mental Health Act 1959

- Separated mental health from learning disabilities – also ended potential for mothers of illegitimate children to be 'treated'.

Anti-institutionalisation (1980s+)

- Growing movement and recognition that large institutions were not the right places for people with learning disabilities to live.

Personalisation (1990s+)

- Growing movement calling for services to be tailored to the person – the whole person – and not a 'by the book', prescribed service.

Liberation?

- Taking personalisation further – sexual relationships, approaches to risk, living in the community.

What is the next 'unthinkable'?

What will we be ashamed of in 135 years' time?

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e.g: LGBT+ rights

Criminalisation 1895

- Led to incarceration of gay men over the next 70 years

Decriminalisation 1967

- Decriminalised, but only England and Wales – only over 21, no third person, no hotel rooms. Scotland only in 1980.

Backlash? 1980s

- Local authorities (England and Wales) prohibited from talking about or 'promoting' LGBT+

Repeal and Progress 2000s

- 2000: Armed forces ban lifted; 2001: Age of consent equalised, 2+ people allow; 2002: same sex adoption; 2003: S.28 abolished

Growing equality 2010+

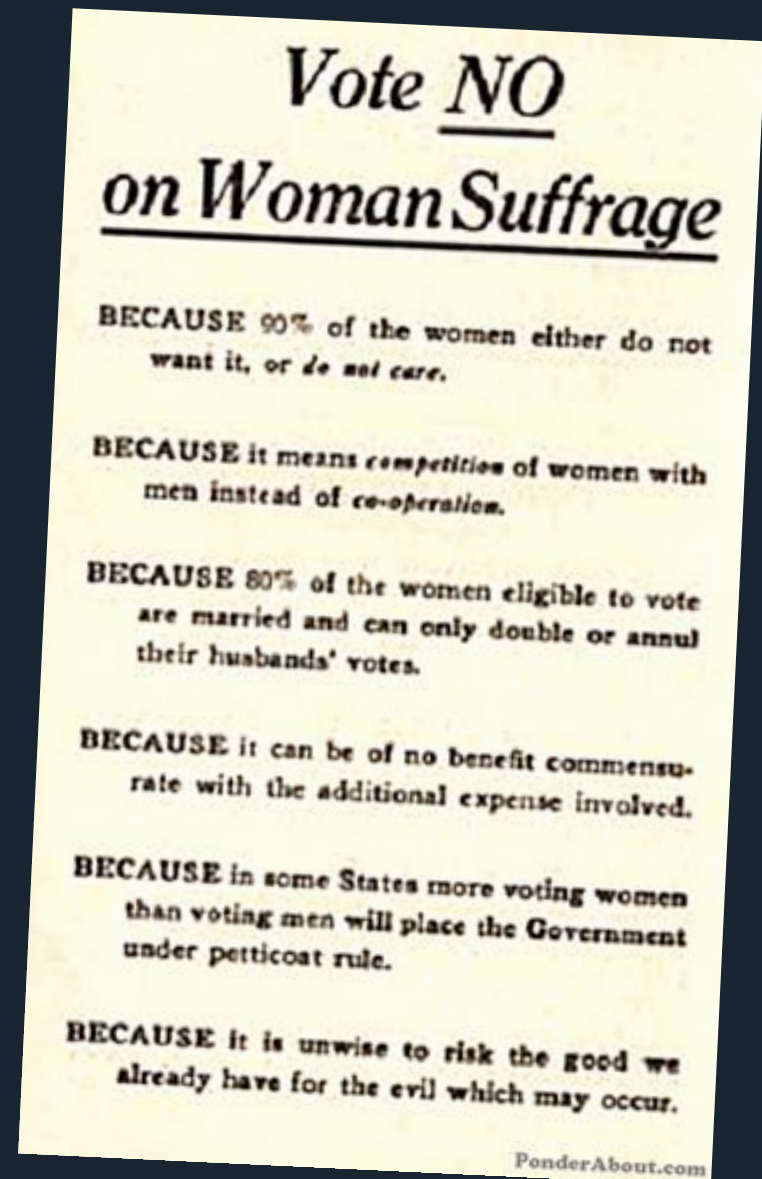- Equal marriage

Backlash? 2010+?

- Challenges to LGBT+ equality such as trans rights, particularly around control of bathroom access, health access, spousal veto and more

How powerful is the emotional pull of 'risk'?

Does this permeate our practice / policies around risk?

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And more…

- Physical disability

- Substance ~~mis~~use

- Domestic abuse

Vote NO on Woman Suffrage

BECAUSE 90% of the women either do not want it, or *do not care.*

BECAUSE it means *competition* of women with men instead of *co-operation.*

BECAUSE 80% of the women eligible to vote are married and can only double or annul their husbands' votes.

BECAUSE it can be of no benefit commensurate with the additional expense involved.

BECAUSE in some States more voting women than voting men will place the Government under petticoat rule.

BECAUSE it is unwise to risk the good we already have for the evil which may occur.

PonderAbout.com

What are your thoughts?

Discussion.

Ten minutes in your group.

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Risk protecting organisations

A Big Question

What risks have you taken recently?

The Wall of Individual Risk

The Wall of Service User Risk
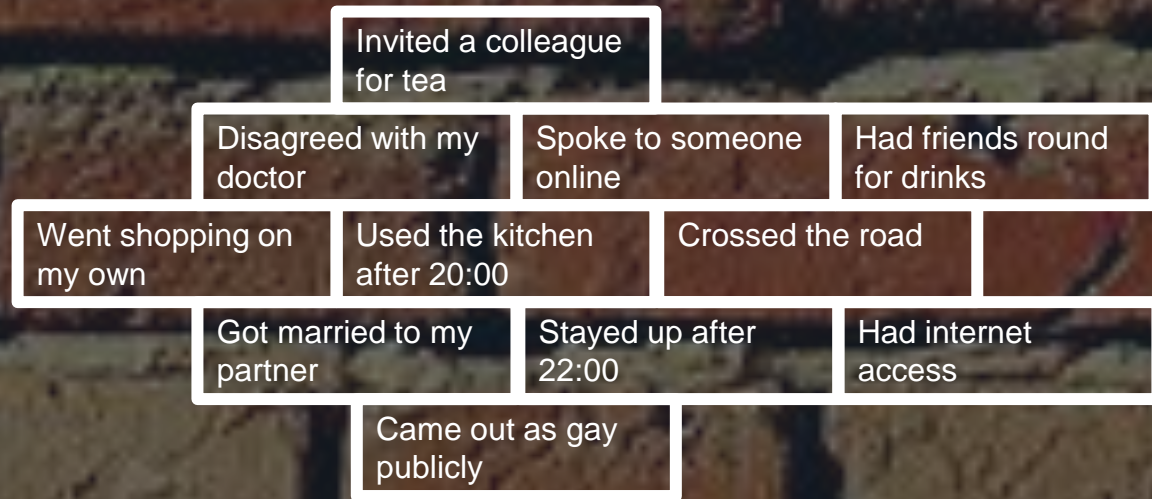
Invited a colleague for tea

Disagreed with my doctor

Spoke to someone online

Had friends round for drinks

Went shopping on my own

Used the kitchen after 20:00

Crossed the road

Got married to my partner

Stayed up after 22:00

Had internet access

Came out as gay publicly

We hear: "I want to break free."

Can we do that? Is it possible?

Get in touch

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